



Procedure Date: _____

11 Sprint Drive

Carlisle, PA 17015

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Upper GI Endoscopy (EGD) Prep

To provide adequate visualization during your child's EGD, it is necessary to follow these instructions:

- Your child may have their regular diet until midnight before the procedure
 - Your child may have clear liquids (anything you can see through, i.e. Jell-o, apple juice, ginger ale, water) up to 6 hours before the Procedure.
 - Your child should not eat or drink 6 hours prior before the procedure.
1. If your child is taking any of the following medications, please discontinue it 7 days before the procedure. If your child is on a prescribed medication, please contact the physician who prescribed that medication before you discontinue it. If you are not sure about a medication please call Dr. Qureshi.
 - Motrin, Advil, Nuprin, Aleve (Ibuprofen)
 - Aspirin, Toradol
 - Coumadin, Heparin
 - Any other non-steroidal anti-inflammatory drug (NSAIDs)
 2. If your child receives breathing treatments, please administer a treatment 1-2 hours before the procedure and bring their inhaler along to the procedure. If your child takes seizure or cardiac medications on a regular basis, give them up until 4 hours before the procedure.
 3. An Intravenous catheter (IV) will be necessary for the Procedure.
 4. You may stay with your child before and after the procedure.
 5. Biopsy Results will be available in 7-10 days.
 6. If you have any questions, please call Pediatric GI Associates at 717-422-5546.